

What to Do When you Think you Have the Novel Coronavirus (covid-19)

If you have a fever or cough and think you may have contracted Covid-19, please avoid going out. If your symptoms are mild, self-quarantine at home. If you have a fever or cough, and I think you have a new coronavirus, please avoid going out. When symptom is not severe, take a rest at home.

However, if you have a persistent cough or fever higher than 37.5 (99.5 F) for more than four days, please consult with a "Coronavirus Consultation Center".

If you experience fatigue or difficulty breathing, consult with the center. Elderly people and those with heart-related diseases are likely to get worse. If your condition does not improve in two days, seek a consultation with the center.

However, if you have a cough like a cold or fever higher than 37.5 for more than four days, please consult with a "Coronavirus Consultation Center". If your body feels heavy or when you have difficulty to breathe, consult with the center.

Elderly people or who those have heart related disease are likely to get worse. If the health condition is bad for about two days, please consult the center.

A fever and cough can also be symptoms of Influenza. If you have any concerns, please consult with a nearby hospital or the Ministry of Health, Labor, and Welfare. The Ministry number for telephones consultations is 0120-565653.

Influenza shows similar symptom such as fever and cough. If you are worried about it, you should consult with a nearby hospital or the Ministry of Health, Labor and Welfare. The Ministry number for telephone consultation is 0120-565653.

Kyoto prefectural "Coronavirus Consultation Center"

Time: 24 hours everyday

TEL: 075-414-4726

If you have difficulty on the phone, please contact us by fax or Email.